

SUPPORT GROUPS

Parents of Addicted Loved Ones Support Group

6:00 – 7:00 PM every Monday

821 N Main St, Cottonwood

928-225-5873

Alcoholics Anonymous

There are many groups in the area in various locations, days, and time. Find a group that meets your needs

<http://www.simeetings.com/LA/AZ/CottonwoodMtgs.html>

Narcotics Anonymous

Groups and meeting information can be found here, or call 800-429-7690 to speak to a counselor

<https://betteraddictioncare.com/86325-na-meetings>

Stroke Survivors

Meets the first Thursday of each month; 4-5:30 p.m., in VVMC Conference Room A.

269 S. Candy Lane

Cottonwood, AZ 86326

Diabetes Support Group

Fourth Monday of each month, 5 - 7 p.m.

Verde Valley Medical Center - Conference Rooms B and C

269 S. Candy Lane

Cottonwood, AZ

Mental Health Coalition Verde Valley

24-hour Crisis Hotline is available 24 hours a day/7 days a week: (928) 634-2236 (Spectrum Healthcare)

Meetings first & third Wednesday at 10 AM

Spectrum Healthcare - Mingus Room

8 E. Cottonwood St., Cottonwood, AZ

<http://www.mentalhealthcoalitionvv.org/>

There also many other support groups in the area. Information on some of them is available

<https://groups.psychologytoday.com/rms/zip/86325.html>